

CALL TIME	TIME / HEURE	EVENT/ÉPREUVE	MEET RECORD HOLDER	MEET RECORD	OLYMPIC STANDARD
-	3:45 PM	Implement weigh-ins	-	-	-
-	3:30 PM	Meet Start	-	-	-
3:09 - 3:19PM	3:31 PM	M 800m National E	Johnny Gray (USA) 1988	1:43.70	1:44.70
3:14 - 3:24PM	3:36 PM	M 800m National D	Johnny Gray (USA) 1988	1:43.70	1:44.70
3:19 - 3:29PM	3:41 PM	M 800m National C	Johnny Gray (USA) 1988	1:43.70	1:44.70
3:25 - 3:35PM	3:47 PM	W 800m National C	Melissa Bishop (CAN) 2016	1:58.79	1:59.30
3:30 - 3:40PM	3:52 PM	M 800m National B	Johnny Gray (USA) 1988	1:43.70	1:44.70
3:37 - 3:47PM	3:59 PM	W 800m National B	Melissa Bishop (CAN) 2016	1:58.79	1:59.30
3:35 - 3:50PM	4:06 PM	C Para WC 100m			
3:49 - 3:59PM	4:12 PM	M 100m National	Donovan Bailey (CAN) 1997	9.99	10
3:55 - 4:05PM	4:18 PM	M 100m Heat 1	Donovan Bailey (CAN) 1997	9.99	10
3:01 - 3:11PM	4:23 PM	W Pole Vault International	Mary Saxer (USA) 2011	4.55	4.73
4:03 - 4:13PM	4:26 PM	M 100m Heat 2	Donovan Bailey (CAN) 1997	9.99	10
4:08 - 4:18PM	4:31 PM	M 100m Heat 3	Donovan Bailey (CAN) 1997	9.99	10
4:15 - 4:25PM	4:38 PM	W 100m National	Maia McCoy (USA) 2023	11.16	11.07
4:22 - 4:32PM	4:45 PM	M 1500m National C	Peter Rono (KEN) 1988	3:35:59	3:33.50
4:30 - 4:40PM	4:53 PM	W 1500m National C	Lynn Williams (CAN) 1991	4:04.43	4:02:50
-	5:00 PM	Opening Ceremonies		-	-
4:13 - 4:23PM	5:06 PM	M Shot Put International	Dylan Armstrong (CAN) 2010	21.31	21.5
4:54 - 5:04PM	5:17 PM	W 100mH Premium	Jessica Zelinka (CAN) 2012	12.76	12.77
	5:21 PM	Host City Welcome		-	-
4:33 - 4:43PM	5:24 PM	W Javelin International	Maggie Malone (USA) 2022	65.73	64
5:11 - 5:21PM	5:34 PM	M 110mH Premium	Mark McKoy (CAN) 1986	13.45	13.27
5:20 - 5:30PM	5:43 PM	W 1500m National B	Lynn Williams (CAN) 1991	4:04.43	4:02:50
5:28 - 5:38PM	5:51 PM	M 1500m National B	Peter Rono (KEN) 1988	3:35.59	3:33.50
5:38 - 5:48PM	6:01 PM	M 100m Final Premium	Donovan Bailey (CAN) 1997	9.99	10
5:42 - 5:52PM	6:07 PM	SO M 100m			
5:46 - 5:56PM	6:11 PM	SO W 100m			
5:56 - 6:06PM	6:18 PM	W 200m International	Merlene Ottey (JAM) 1983	22.35	22.57
5:57 - 6:12PM	6:28 PM	C Para WC 200m			
5:42 - 5:52PM	6:34 PM	M High Jump International	Jesse Williams (USA) 2009	2.31	2.33
6:16 - 6:26PM	6:41 PM	M 400mH International	Shakeem Hall-Smith (BS) 2023	49.25	48.7
6:26 - 6:36PM	6:48 PM	M 800m Premium	Johnny Gray (USA) 1988	1:43.70	1:44.70
6:33 - 6:43PM	6:55 PM	W 800m Premium	Melissa Bishop (CAN) 2016	1:58.79	1:59.30
6:07 - 6:17PM	7:00 PM	W Shot Put International	Sarah Mitton (CAN) 2023	19.83	18.8
6:42 - 6:52PM	7:04 PM	M 400m National	Josh Mance (USA) 2013	45.16	45
6:48 - 6:58PM	7:10 PM	W 400m National	Monique Hannagan (USA) 2004	50.74	50.95
6:54 - 7:04PM	7:16 PM	W 400m Premium	Monique Hannagan (USA) 2004	50.74	50.95
	7:20 PM	50/50 Draw		-	-
7:06 - 7:16PM	7:29 PM	W 3000m SC Premium	Ceili McCabe (CAN) 2023	9:28.76	9:23.00
-	7:45 PM	G 2013 4x100m		JD	-
-	7:48 PM	B 2013 4x100m		JD	-
-	7:52 PM	G 2011 4x100m		JD	-
-	7:55 PM	B 2011 4x100m		JD	-
7:39 - 7:49PM	8:02 PM	M 1500m Premium	Peter Rono (KEN) 1988	3:35.59	3:33.50
7:47 - 7:57PM	8:10 PM	W 1500m Premium	Lynn Williams (CAN) 1991	4:04.43	4:02.50
7:58 - 8:08PM	8:20 PM	M 3000m International		-	-
8:09 - 8:19PM	8:31 PM	W 5000m International	Briana Scott (CAN) 2023	15:19.51	14:52.00
	8:49 PM	Meet Close		-	-